



BRAINSPOTTING PHASE 2 TRAINING

WINNIPEG, MANITOBA

May 22 – 24, 2020

Trainers: Dr Jane Evans and Dr Marjorie Robb

Brainspotting Phase 2 Training: Deepening Skills and Expanding the Toolkit

Completed Brainspotting Phase 1 Training? Consolidate your skills and learn further refinements of the Brainspotting process in this Phase 2 training with Drs Jane Evans and Marjorie Robb.

This three-day Phase 2 training begins with a review of the foundations to help you consolidate your learning from Phase 1 training. Further time is allotted to answer questions you may now have after using Brainspotting in your practice.

A combination of didactic teaching, demonstrations and experiential exercises are used to teach additional technical refinements that can be used with individuals with complex PTSD, attachment disorders, or highly dissociative clients. Throughout the training the vitally essential emotional attunement of the therapist will be addressed. Specific additions to your repertoire will include:

- How to deal with common obstacles to optimal therapist emotional attunement
- One-eyed Brainspotting
- Use of the Z-axis
- Inside-Outside Window
- Rolling Brainspotting
- Advanced body resource model for highly activated or traumatized clients

Where: Marymound, 442 Scotia St, Winnipeg, MB

When: May 22 – 24, 2020; 9 am to 6 pm each day

Who: Registered Mental Health Care professionals of all kinds. Phase 1 required.

Registration details at link below.

Early Bird Registration until February 29, 2020.

Registration and details at: <https://brainspotting.simplesignup.ca>

Information: info@brainspottingcanada.com